



BLUE DIAMOND

LUXURY BOUTIQUE HOTEL

*****GL

RIVIERA MAYA - MEXICO



Wellness Retreats

THE IDEAL HARMONY BETWEEN BODY AND MIND.



*Where nature, art and tradition
come together to harmonize
body, soul and mind.*

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Escape to a world of unrivaled luxury and tranquility at **Blue Diamond Luxury Boutique Hotel*****GL**, located in the breathtaking Riviera Maya of Mexico. Indulge your senses with our **exquisitely designed suites**, which seamlessly blend contemporary elegance with natural elements to create a unique and unforgettable experience.

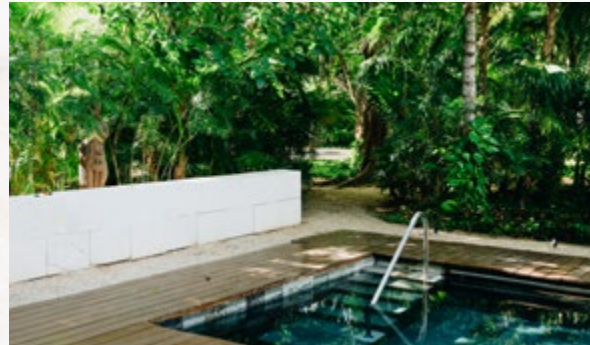
Our commitment to **holistic wellness** is evident in every aspect of our resort, from the moment you arrive. Our expansive 29062.56ft² **SPA** offers a diverse range of wellness treatments, inspired by the Mayan and Asian cultures. With 11 individual cabins, a hydrotherapy circuit, and a swimming pool, you can immerse yourself in a serene environment **designed to rejuvenate your mind and body**. Our unique offerings, such as the **Temazcal**, an ancestral healing ritual aimed at purifying the soul, or our retreat programs focused on disconnecting from the daily grind, are not to be missed.

TEMAZCAL · RITUALS AND TREATMENTS · HYDROTHERAPY · KINESIS · SPA · RETREATS
YOGA SESSIONS · YOGA ROOM · PERSONAL TRAINER · GYM

Luxury Tailor-made Retreats Programs

THE PROGRAM THAT FITS YOU

Health is a journey and every step to achieving physical, mental and emotional stability depends on the needs of each person. The **Blue Diamond Luxury Boutique Hotel *****GL** offers personalized packages for groups or individuals designed to provide the best experience of full self-discovery, relaxation and growth.



Day Pass

PROGRAM *

Experience a day with a difference at our exclusive resort and enjoy this personalized programme with access to our facilities, restaurants, Spa and sessions to revitalize your mind, energize your body, and balance your soul.

* Conditions apply



SENSE PACKAGE INDIVIDUAL

SPA Thermal Circuit with Sauna <i>(individual treatment, per person)</i>	30 min
Lymphatic Drainage Massage <i>(individual treatment, per person)</i>	80 min

ACCESS TO FACILITIES AND RESTAURANTS

PRICE \$ 380 USD

NAMASTE PACKAGE INDIVIDUAL

Yoga Session	60 min
SPA Thermal Circuit with Sauna	30 min
Deep Tissue Massage	80 min

ACCESS TO FACILITIES AND RESTAURANTS

PRICE \$ 499 USD

MIND PACKAGE GROUPAL 4PAX

Yoga Session	60 min
SPA Thermal Circuit with Sauna	30 min
Temazcal	60 min

ACCESS TO FACILITIES AND RESTAURANTS

PRICE \$ 1459 USD



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The ideal harmony between body and mind.

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Adults only

bluediamondluxuryboutiquehotel.com

 **BlueDiamondLuxuryBoutiqueHotel**

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TERMS & CONDITIONS

Reservations must be made with a 50% deposit in advance, full amount to be paid prior to arrival. · In case of no show the deposit is not refundable. · Book at least 7 days in advance subject to availability. Cancellations free of charge up to 30 days before the activity date. · Inclusions are not interchangeable and/or transferable. · In the case of group retreats there is a minimum and maximum number of participants. · In case of not concluding the retreat the payment is non-refundable and/or transferable. · The health form must be filled out correctly. · Inclusions are subject to availability of schedules.